

the darkening that occurs over time are removed in about an hour in our office.” One of the best ways Dr. Berik can improve your smile and oral health is to straighten your teeth with Invisalign. Straight teeth are easier to clean and reduce the wear and tear with proper alignment. These virtually invisible aligners are a conservative treatment that aligns your teeth in as little as 9 months. For some smiles restoration of the teeth are required. Dr. Berik’s veneers and crowns are beautiful and lifelike. Patients from around the world come to see Dr. Berik for her work. She can give you the smile you have dreamed of, from natural to Hollywood glam.

As she is specially trained in Botox and facial fillers such as Juvederm, when improving a patient’s appearance Dr. Berik uses a total facial esthetic approach. These non-surgical treatments are a conservative way to complement your smile and restore that youthful, smooth, fresh face. As one of Boston’s premier cosmetic dentists, Dr. Berik is highly sought-after and has been creating dream smiles for more than 20 years. She is a member of the American Academy of Cosmetic Dentistry, American Academy of Cosmetic Orthodontics, and the American Academy of Facial Esthetics. She graduated from Tufts University School of Dental Medicine and is specially trained in esthetic dentistry, facial esthetics, Botox and facial fillers, Invisalign orthodontic treatments, and full mouth restoration.

Dr. Berik understands the art and science of creating dream smiles from simple whitening to extreme makeovers. Not all dentists are created equal and your results in cosmetic dentistry and facial esthetics directly relates to who you choose. When you are ready to improve your appearance and health, Dr. Berik can get you there. Visit newtdentalassociates.com for more information.

Dr. Maged el-Malecki, the force behind **Boston Dental**, a revolutionary center in the heart of the financial district, which is dedicated to the practice of smile design dentistry, has distinguished his practice for excellence in both clinical and technological advances that have led to the creation of their Smile Design Studio.

“Our distinctive team of providers and staff all share the philosophy of superior and comprehensive dentistry. Together, we do we do not fix teeth, we create beautiful smiles,” he says.

Plastic surgery isn’t the only option for reversing the signs of aging. Cosmetic dentistry can be your ticket to looking younger. We have entered a new era of cosmetic dentistry—anti-aging dentistry. A healthy, beautiful smile is a minimally invasive way to rejuvenate your look. Porcelain veneers, orthodontics, and ceramic crowns transform your facial features and smile. Changing the color, shape, and size of your teeth can brighten your smile, diminish the appearance of wrinkles around your mouth, and plump up your lips.

Chipped, worn down, or broken teeth make you look older than you are, but porcelain crowns, dental implants, or porcelain veneers can alter the size and shape of your teeth to help smooth out

mouth wrinkles, support the jaw line, and balance your smile as a whole.

When it comes to smiles, beauty is in the eye of the beholder. It is about how you want to look and feel. At Boston Dental, the focus is on balancing all the elements of the face and how they work together to achieve your idea of the most beautiful and natural smile.

The Smile Design technique involves you, the patient, by having you share your goals and expressing your desires and expectations. You become the designer of your own smile. Boston Dental analyzes dental asymmetries and irregularities and creates individualized solutions for each client. They utilize photographs and videos, combined with the assistance of digital smile design software to help the patient envision the outcome.

Boston Dental works with Oral Design International, the most prestigious dental laboratory in the world, to ensure





patients receive the most natural smile available in cosmetic dentistry today. When it comes to Botox, dentists have more training and knowledge of oral and oral-facial areas than any other healthcare professional. As a therapeutic tool, Botox can help relieve painful conditions such as muscle clenching and facial tics. Botox can also be used to augment dental procedures designed to improve the appearance. Injections of Botox, for example, can lift the corners of the mouth, smooth wrinkles, and enhance the smile line. For more information visit bostondental.com.

"Rejuvenating your body begins with understanding your overall health, and a healthy body begins with a healthy mouth," says Michael A. Scialabba, DDS, CEO of Great Hill Dental Partners. "The correlation of your overall health with oral and dental health has been proven through numerous studies, but educating patients about these links and encouraging oral health awareness has always been a challenge." Great Hill

Dental Partners emphasizes patients' overall health and provides personalized care specific to your dental needs.

Dr. Scialabba is adamant that preventive therapy or early intervention at the first signs of inflammation can be life changing. Reports and research continue to find correlations between inflammation of the oral cavity and other inflammatory disease processes, especially cardiovascular disease and diabetes. Great Hill Dental Partners utilizes salivary diagnostics with the overall periodontal/hygiene evaluation as a key way to help patients understand their health. The techniques the doctors use can help provide an objective way to diagnose and communicate a patient's condition and treatment plan. "We also try to help motivate patients to improve their home care as well. Using a waterpick with proper irrigation at home, for example, can help improve outcomes as opposed to in-office treatment alone," Dr. Scialabba says. "I believe we provide the best customized and personalized

care available through what we call Progressive Periodontal Therapy, from diagnostic testing for periodontal disease to coordinated care with our in-house specialists. The providers at Great Hill Dental want to help you achieve your overall goals and give you a great smile at the same time."

Great Hill Dental offers specialty coverage for teeth whitening, effective snoring prevention, hygiene, restorative dentistry, implant dentistry, pediatrics, orthodontics, endodontics, periodontics, oral surgery, prosthodontics, and now dental oncology and utilizes Invisalign and Invisalign Teen for the most invisible, removable braces made with the latest 3D computer technology.

Great Hill Dental also utilizes the latest in Implant Technology utilizing 3D CT Scans and Cad/Cam guided placement. Implants can give new life to a smile and can give confidence when eating again, making one feel younger. There is nothing comparable to a complete tooth